What is a mock interview?

- A mock interview, also known as a practice interview, is a simulation of an actual job interview. It provides you with an opportunity to practice for an interview and receive feedback.

How does a mock interview benefit me?

- A mock interview helps you learn how to answer difficult questions, develop interview strategies, improve your communication skills and reduce your stress before an actual job interview.

How do I schedule a mock interview?

- Schedule an appointment by calling Career Services at 435-652-7737 or scheduling online at: https://dixie.joinhandshake.com/appointments.
- Mock interviews require a one hour block and must be scheduled at least three days in advance.

What should I send to my Career Coach ahead of time?

- Once you have scheduled your mock interview, you should email a copy of your resume and job description to the Career Coach you will be meeting with.
  - Mock interviews work best when you have a specific job or industry in mind. The job description you are using does not need to be a job you are actually applying for right now. It can be similar to one that you may be interested in applying for later. This allows the Career Coach to prepare relevant and specific questions allowing for a “real interview” feel.
  - If you currently don’t have a resume or need help finding a “practice” job description, please visit us during our Career Lab hours when a Career Peer will be ready to assist you. Hours are Tuesday – Thursday 1:00 pm – 4:00 pm.

How do I prepare for a mock interview?

- Be sure to take your mock interview as seriously as you would an actual interview. Get ready for the interview just as you would for an interview with a hiring manager:
  - Arrive 10 - 15 minutes early, and bring your resume and any other materials you would bring to a real interview.
  - Bring a notebook to take notes on what your mock interviewer tells you.
  - Dress in professional interview attire.
  - Prepare answers to general interview questions before arriving. You can find practice questions as well as questions to ask the interviewer on the Career Services website.
  - Bring your cell phone. We will have you record yourself so you can watch and critique your mock interview. (We never advise you to actually take your cell phone to a real interview.)